

It seems that:

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✓ our world is full of people struggling with intense issues — marital conflict, divorce, drug addiction and sexual compulsion, depression and grief...



✓ the church should be a key place that welcomes and lovingly handles those dealing with the struggles of life — a place inviting open and honest wrestling while offering the rich solution of the gospel...



✓ many church members have seen God walk them through deep waters and have great resources to share and often an intense interest in helping others...



✓ many church leaders find themselves either overwhelmed by the numbers of people needing help or limited in the time they can give to counseling...



Staff

Bill Clark is the Director of the Lay Counselor Institute and leads the training seminars. He is a licensed clinical psychologist in private practice in Tyson's Corner, Virginia. He founded LCI with Barbara Giuliano, in 1987 at Reston Presbyterian Church and has been counseling for over 20 years.

- Ph.D., University of Maryland
- Master's degree in biblical counseling from Grace Seminary
- Master's degree in theology from Fuller Seminary
- Adjunct faculty at Philadelphia Biblical University
- Member of the American Association of Christian Counselors (AACC)

"Dr. William Clark is a trusted colleague whose love of the Lord, knowledge of Scripture and professional talent combine to qualify him as a gifted counselor. He asks the hard questions and wrestles through them with integrity and faith."

Dr. Larry Crabb, author of *Inside Out*, and *Shattered Dreams* among others.

Barbara Giuliano has been a lay counselor for 15 years. She began in Florida and continued in Virginia where she cofounded the Lay Counselor Institute with Bill at Reston Presbyterian Church. She also helped to develop the counseling ministry at Reston Bible Church. Currently, she lives in New York with her husband, Lou and is developing a working relationship with yet another church there. She's also a retreat planner and speaker and has led a variety of Bible studies and small groups, including Kay Arthur's Precept upon Precept Bible Studies

"Barbara Giuliano is a woman of extraordinary wisdom and passion. Her heart has been refined through the fires of adversity and tempered by years of obedience. She draws those who know her and counsel with her to a rich hope in the goodness of God."

Dr. Dan Allender, author of *The Wounded Heart* and *Bold Love* among others.

Ed Satterfield is the Executive Director of the Lay Counselor Institute and assists in its training seminars. He served as Associate Pastor of McLean Presbyterian Church for 17 years before joining LCI. During this time, he developed and taught many training programs for discipleship and Christian growth and engaged in many hours serving as pastoral counselor to church members. He also works in private counseling practice with Bill Clark in Tyson's Corner

- Master's of Divinity from Reformed Theological Seminary
- Master's of Education in Counseling Psychology from Georgia State University and the Psychological Studies Institute



The Lay Counselor Institute

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LCI is a non-profit corporation. All gifts are tax deductible.



The Lay Counselor Institute

Preparing believers for the care of others



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The Need

Members of today's communities struggle with challenges sparked by everything from day-to-day crises to destructive personal habits. Many suffer silently until things get bad enough and they seek help, often overlooking the church as a rich source of assistance.

Despite a deep desire to help church members and reach out to people outside the congregation, church leaders often have limited time and resources to call upon. In response, some churches hire professional counselors. Others refer people to local professionals. The cost is often prohibitive for the church and those seeking help. In addition, professional counseling cannot address all the needs that arise.

One Solution

Church members who have been singled out for their wisdom, maturity, experience, and gifts can be called upon to meet with individuals or groups to address issues and develop a relationship of support, encouragement, and exhortation based on an understanding of life, the Lord, and the Scriptures.

Lay care and counseling works, offering real help and discipleship to those isolated or confused by their struggles. It also deeply touches the lay counselor's own life and experience of Christ. *The Lay Counselor Institute* is committed to helping churches use this solution to support and help people in need.

The Lay Counselor Institute provides a step by step program for finding and developing members of the local congregation as effective care givers and lay counselors. LCI exists to not only prepare believers for caring ministry but to continue to support and train them through ongoing supervision with a mental health professional.

"LCI was a turning point in my life. After attending LCI training, I came away with a deeper sense of who I am in Christ and gained so many valuable insights to give hope to the hurting. As a result of the training, the Lord has seen fit to allow me to see women's lives changed in the small support groups I am facilitating at this time."

Marie Bard

Our Partnership

LCI partners with local church leadership to develop and maintain effective caring ministries. We do this by consulting with local church leaders to develop these ministries, with a special emphasis on lay counseling.

Our Approach

LCI Training is a three step process.

Level 1 is designed, over two intensive weekends, to provide foundational training for different caring roles that the local church desires to provide. The goal is to equip each participant with a biblical understanding of people, the dynamics of our problems, and a framework for how to help facilitate the work God is doing with another. The training also helps each participant understand themselves and helps them assess their best expressed caring role by means of self and peer evaluation.

Level 2 is for those that have completed Level 1 and have been identified through the assessment process to have the wisdom, maturity, experience, and gifts to have a significant role in counseling others. In ten, two hour sessions, participants are trained in the counseling process, equipping each participant with the knowledge of how to

work with others over a period of time toward growth in and through various personal struggles.

Level 3 At this level, approved graduates of Levels 1 and 2 may counsel, without charge, members of their own congregation and community. Depending on their gifts, strengths, and areas of interest, they may counsel individuals, couples, or lead groups. Their work is supported by ongoing training and includes a relationship with a counseling professional who will supervise and mentor them, and serve as a resource for referring more critical and complex cases.

"I thought I was going to the LCI training to learn to counsel others. However, in the process, God began preparing my heart for the privilege of entering the lives of others in an intimate and personal way, so that together we could see Him amidst the pain of life. LCI is a powerful tool to bring healing and comfort to the family of God."

Mary Wolfe

LCI believes in lay care giving ministries. They can improve the depth and health of a congregation and also provide a significant outreach to those in need in the surrounding community.



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